

## Way of Disinfection at Trial Lesson

General Corporate Juridical Person “Japan Sport Wellness Fukiya Association” has to call everyone’s attention to eliminate infective virus when opening trial lesson for the purpose of spreading Sport Wellness Fukiya. Please disinfect Fukiya equipment referring to the followings:

The Association recommends Ethanol-type disinfectant and disinfectant of which main ingredient is Hypochlorous acid water, thinking about effectiveness of disinfection, safety and convenience. However, as there is no way to be absolutely sure for disinfection, please concentrate your attention on hygiene. Furthermore, when you disinfect equipment by using Hypochlorous acid water, please wipe out surface of equipment by wet-tissues beforehand.

1. Please prepare blow pipes (disinfected blowing edge of pipes in advance) equal to the number of participants as much as possible.
2. If blow pipes are going to be reused by several participants, please prepare disposable mouthpiece for each participant. (Disposal mouthpiece shall be taken out by participant from a small bag.)
3. Disposable mouthpiece must be replaced when participant changes, then at the same time we shall disinfect pipe and darts.
4. After a participant finishes blowing, we shall wipe out surface of target by the above mentioned disinfectant.
5. We shall spray disinfectant around the blowing edge of pipe and wait at least 1-3 minutes and wipe out by tissues. Please also spray disinfectant to main body of pipe and wipe out by tissues.
6. Please pull thorough tissues with disinfectant to clean up inside of pipe.
7. Please also spray disinfectant to both inside and outside of darts and wipe out by tissues after a while.
8. In case more than 50 participants are going to try blowing in one hour, we must prepare more than several persons who shall concentrate on disinfection of equipment. These persons in charge must have disposal gloves and change them frequently.
9. At first, we shall explain the way and importance of disinfection to the participants orally then let them start trying Sport Wellness Fukiya after understanding. In case it is difficult to explain fully to the participants because of opening trial lesson at some event, we shall prepare the “Announcement” as mentioned below and let participants understand importance of hygiene. It may be a good way to get their written consent about hygiene, if we prepare the application form for participation.

- ✧ Repeatedly, 100% disinfection may not be achieved by the ways mentioned above. However, it shall be more effective if we do it carefully and elaborately. If there is something unclear or needs explaining about the effectiveness of disinfectant and way of disinfection, please consult with supplier of the disinfectant.

#### ANNOUNCEMENT (Reference)

##### About Disinfection

As participants have a blow pipe in their mouth at the blowing edge of the pipe, we prepare disposable mouthpiece.

In order to be absolutely sure, we disinfect outside and inside of pipe and darts by Ethanol-type disinfectant or disinfectant of which main ingredient is Hypochlorous acid water after participants finish blowing.

If you are not feeling well, or have a fever, please decline the participation.

General Corporate Juridical Person “**Japan Sport Wellness Fukiya Association**”