



一般社団法人

日本スポーツウエルネス吹矢協会

Japan Sport Wellness Fukiya Association

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Message from Chairman “Our Slogan for fiscal year 2024”

**Let us dispatch and spread smiles**

Fiscal year 2023 will end soon, but I believe everyone is doing well and enjoying Sport Wellness Fukiya activities.

From September last year, when our activities became nearly normal, to December, I attended seven competitions all over Japan and three competitions organized by the Association. I had the chance to meet a lot of members at the competition sites and there were a lot of smiles everywhere.

By seeing a lot of smiles, our energies rise and I could re-confirm the wonderfulness of Sport Wellness Fukiya. Then, I felt it again that I would like to spread these smiles much more. I repeatedly spoke this matter at various occasions.

We live in a time when the world cannot be called a bright one. However, a smile always makes people smile. By our sending pleasures of Sport Wellness Fukiya together with these smiles, I can't help but feel like the world will naturally become brighter.

Famous actress Marilyn Monroe once said that “Smiles are the best makeup for women”. I think this applies to everyone, young and old, male and female.

Anne Frank wrote that “A good hearty laugh would help more than ten Valerian pills”. Dale Carnegie, famous for self-help books, such as “How to Win Friends and Influence People”, said “A smiling face does not also need capital at one dollar, but the value of one million dollars is invented”. These shall mean the power of smile is immeasurable. This is something we already know from experience.

I would like ask everyone, who is playing Sport Wellness Fukiya pleasantly, send always the smiles borne from this sport to others. Let us spread the smiles borne from Sport Wellness Fukiya to one, two or more than hundred persons, by conversation, paper, or SNS. If we gather the power of everyone's smiles, we are sure that we can change your hometown, Japan and the world.

**Japan Sport Wellness Fukiya Association's slogan for fiscal year 2024 is:**

**Let us dispatch and spread smile.**

Let us make 2024 a wonderful year with our smiles.

Japan Sport Wellness Fukiya Association

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